

## *Jumping Safety Check List*

- ◆ Helmet, chin strap 1 finger tight
- ◆ Boots with 1" heel stop
- ◆ Number on rider or both sides of saddle pad
- ◆ Bridle:
  - Cavesson snug
  - Reins securely buckled
  - Throat latch securely fastened with 4 fingers clearance between leather and throat
  - Curb chain (if used) twisted lying flat on chin
  - All buckles correctly fastened
  - Drop noseband; 1 finger clearance and fitted just above the soft part of the nose below the bit
  - Flash noseband; fitted below the bit in the chin groove not near the lips
  - Figure 8 noseband; top fitted under the jaw in side the bridle, bottom below the bit in the chin groove, fitted snug but not tight.
- ◆ Saddle:
  - Stirrup bar is down
  - Pad in correct position
  - Girth tight
  - Stirrup leathers in keepers and buckled
  - If breastcollar; all buckles are correctly fastened
- ◆ Horse:
  - Check all boots for correct placement and fit
  - If weather is excessively hot, check hydration of animal with pinch test or capillary refill test